

Skin type	Normal skin	Combination skin	Dry & Sensitive skin	Mature (dry) skin	(Over)sensitive and red skin	Acne prone and inflamed skin	Oily (not sensitive) skin	Oily (sensitive) skin
<b>Cleansing</b>	am/pm Organic Purifying Facial Cleanser	am/pm Organic Purifying Facial Cleanser	am/pm Organic Purifying Facial Cleanser	am/pm Organic Purifying Facial Cleanser	am/pm Organic Purifying Facial Cleanser	am/pm Organic Purifying Facial Cleanser	am/pm Organic Purifying Facial Cleanser	am/pm Organic Purifying Facial Cleanser
<b>Toning &amp; Day care</b>	Toner: am/pm Organic Replenishing Serum  Day care: Organic Day Cream	Toner: am/pm Organic Soothing Gel  Day care: Organic Day Cream <i>poss. with 1 drop of Treatment Oil for oily zones*</i>	Toner: am/pm Organic Soothing Gel  Day care: Organic Day Cream with 2 drops of Treatment Oil	Toner: am/pm Organic Replenishing Serum  Day care: Organic Day Cream very dry skin add 2 drops of Oil	Toner & Day care: am/pm Organic Soothing Gel	Toner & Day care: am/pm Organic Soothing Gel	Toner & Day care: am/pm Organic Soothing Gel	Toner & Day care: am/pm Organic Replenishing Serum <i>or</i> am/pm Organic Soothing Gel <i>(whichever feels best for you)</i>
<b>Night care</b>	Organic Night Cream	Organic Night Cream <i>poss. with 1-2 drops of Treatment Oil for oily zones*</i>	Organic Night Cream with 2 drops of Treatment Oil	Organic Night Cream with 2 drops of Treatment Oil or alternate Oil and NC	Organic Night Cream with 2 drops of Treatment Oil	Every other night Organic Treatment Oil	4x a week Organic Treatment Oil and 3x a week Organic Night Cream	Organic Treatment Oil
<b>Eye care</b>	Organic Eye Cream	Organic Eye Cream	Organic Eye Cream	Organic Eye Cream	Organic Eye Cream	Organic Eye Cream	Organic Eye Cream	Organic Eye Cream
<b>Mask</b>	1x a week Organic Universal Mask	1x a week Organic Universal Mask	1x a week Organic Universal Mask	1x a week Organic Universal Mask	1x a week Organic Universal Mask	1x a week Organic Universal Mask	1-3x a week Organic Universal Mask	1x a week Organic Universal Mask
<b>Peeling</b>	1-2x a month Organic Enzyme Exfoliating Mask	1-2x a month Organic Enzyme Exfoliating Mask	1-2x a month Organic Enzyme Exfoliating Mask	1-2x a month Organic Enzyme Exfoliating Mask	1x a month Organic Enzyme Exfoliating Mask	1x a month Organic Enzyme Exfoliating Mask	1-2x a month Organic Enzyme Exfoliating Mask	1-2x a month Organic Enzyme Exfoliating Mas

Note 1.: It is important that all of our dr. Alkaitis products are carefully massaged into the skin.

Note 2. For extra hydration add 2 drops of Nourishing Treatment Oil to 1 pump of Day or Night Cream.Mix them together well in the palm of your hand and carefully massage it into the skin.

\* Nourishing Treatment Oil reduces the production of sebum.